

**Tailor-Made Training Course on**  
**“Maritime Adaptability and Basic Marine Fishing Gear for Lao PDR”**  
 SEAFDEC Training Department (SEAFDEC/TD)  
 Samut Prakan, Thailand  
 22 August – 2 September 2025

|                               |                                                                                                                                                                                                                                                                                                                               |
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| <b>1. Course Title:</b>       | Maritime Adaptability and Basic Fishing Gear for Lao PDR                                                                                                                                                                                                                                                                      |
| <b>2. Course Duration:</b>    | 12 Days                                                                                                                                                                                                                                                                                                                       |
| <b>3. Participants:</b>       | Twenty (20) participants (Lao PDR)                                                                                                                                                                                                                                                                                            |
| <b>4. Course Description:</b> | This tailor-made training program will focus on<br>1) Maritime adaptability<br>2) Accident response and safety at sea<br>3) Basic marine fishing gear and practice<br>4) Shipboard training by M.V. PLALUNG to operate and practice on bottom trawl, gill net, bottom vertical long line, gill net, and maritime adaptability |

### 5) Training Timetable

| Date                          | Time        | Activity                                                                                        |
|-------------------------------|-------------|-------------------------------------------------------------------------------------------------|
| 22 August 2025<br>(Friday)    | 10.00-10.30 | Registration                                                                                    |
|                               | 10.30-11.15 | Opening ceremony                                                                                |
|                               | 11.15-11.30 | Group photo<br>Refreshment break                                                                |
|                               | 11.30-12.00 | Course Orientation                                                                              |
|                               | 12.00-13.00 | Lunch                                                                                           |
|                               | 13.00-15.00 | Maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section) |
|                               | 15.00-17.00 | Accident response and safety at sea<br>(By Ship and Fleet Operation Section)                    |
| 23 August 2025<br>(Saturday)  | 07.00-17.00 | Group A: Shipboard training for fishing operations and practice<br>(Bottom trawl)               |
|                               | 09.00-16.00 | Group B: Practical at fishing workshop<br>(Knot and rope work)                                  |
| 24 August 2025<br>(Sunday)    |             | Day off                                                                                         |
| 25 August 2025<br>(Monday)    | 07.00-17.00 | Group B: Shipboard training for fishing operations and practice<br>(Bottom trawl)               |
|                               | 09.00-16.00 | Group A: Practical at fishing workshop<br>(Knot and rope work)                                  |
| 26 August 2025<br>(Tuesday)   | 07.00-17.00 | Group A: Shipboard training for fishing operations and practice<br>(Bottom gillnet)             |
|                               | 09.00-16.00 | Group B: Practical at fishing workshop<br>(Net making and mending)                              |
| 27 August 2025<br>(Wednesday) | 07.00-17.00 | Group B: Shipboard training for fishing operations and practice<br>(Bottom gillnet)             |
|                               | 09.00-16.00 | Group A: Practical at fishing workshop<br>(Net making and mending)                              |
| 28 August 2025<br>(Thursday)  | 07.00-17.00 | Group A: Shipboard training for fishing operations and practice<br>(Bottom vertical longline)   |

|                              |             |                                                                                                                       |
|------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------|
|                              | 09.00-16.00 | Group B: Practical on maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section) |
| 29 August 2025<br>(Friday)   | 07.00-17.00 | Group B: Shipboard training for fishing operations and practice<br>(Bottom vertical longline)                         |
|                              | 09.00-16.00 | Group A: Practical on maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section) |
| 30 August 2025<br>(Saturday) | 07.00-17.00 | Group A: Shipboard training for fishing operations and practice<br>(Collapsible crab trap)                            |
|                              | 09.00-16.00 | Group B: Practical on maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section) |
| 31 August 2025<br>(Sunday)   |             | Day off                                                                                                               |
| 1 September 2025<br>(Monday) | 07.00-17.00 | Group B: Shipboard training for fishing operations and practice<br>(Collapsible crab trap)                            |
|                              | 09.00-16.00 | Group A: Practical on maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section) |
| 2 September 2025<br>(Friday) | 09.00-14.30 | Practical on maritime adaptability and personal survival techniques<br>(By Ship and Fleet Operation Section)          |
|                              | 14.30-16.00 | Closing ceremony                                                                                                      |

**Remarks:**

- The activities might be slightly changed/adjusted based on the situation.
- According to the regulation and capacity of M.V. PLALUNG, the participants will be separated into 2 groups (10 participants per group) for shipboard training.